



Grant-Valkaria Community Association
Presents

**3rd Annual
Country Run 5K Run/Walk**



Saturday, April 8, 2017 – Start time 7:30 am
Grant-Valkaria Community Park ~ Grant-Valkaria

TIMETABLE:

Friday, April 7 – 12:00 noon to 6:00 pm

Packet pick-up & Registration at large pavilion at Grant-Valkaria Community Park*

Saturday, April 8 – GV Community Park

6:30 am Packet pick-up and registration

7:15 am Late Registration ends

7:30 am 5K START!!

Awards ceremony immediately following race.

Information: GVCA@cfl.rr.com

* Grant-Valkaria Community Park – 1449 Valkaria Rd. – just west of Corey Road.

AMENITIES:

- T-shirts
- Race Goodie Bag
- Door Prizes
- Food and Drinks



AWARDS:

Male & Female: Top 3 Overall, Masters, (40+), First 3 Teams to finish, Age Groups (top 3 male & female)

10 & Under	30 - 34	55 - 59
11- 14	35 - 39	60 - 64
15 - 19	40 - 44	65 - 69
20 - 24	45 - 49	70 - 74
25 - 29	50 - 54	75+

FEES:

5K Run/Walk \$30.00 (\$35 on race day)

Sleep-in Special \$30.00

THE RACE WILL BE HELD RAIN OR SHINE EXCEPT IN THE EVENT OF LIGHTNING

SORRY NO REFUNDS

*Please join us as we kick-off the
The 11th Anniversary Celebration of the
Town of Grant-Valkaria
and support improvements for the
Grant-Valkaria Community Park by
participating in the Country Run 5k!*

OR Register On-line at www.GVCAofBrevard.org

The Grant-Valkaria Country Run 5K REGISTRATION FORM OFFICIAL ENTRY FORM

Send completed entry form with fee to: **Runner's Depot – 436 21st Street, Vero Beach, Florida 32960**

Make checks payable to : **GVCA**

Name _____ Team: _____

Address _____

City _____ State _____ Zip _____

Phone (daytime) _____ Email address _____

Date of Birth ____/____/____ Age on Race Day _____

Sex: Male Female Please check shirt size: S M L XL XXL

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

I intend to be legally bound and do hereby for myself, my heirs, and executor, waive all rights and claims for damage which may occur to me against the Grant Valkaria Community Association, Runner's Depot, and other named sponsors of this event, or any subsidiary or political division thereof, its officers, agents, successors, representatives, assigns from all claims and liabilities or any kind that may arise from the Grant Valkaria Community Association 5K Country Run though that liability may arise out of negligence or carelessness on behalf of the persons on this waiver. If I should suffer injury or illness, I authorize officials of the race to use their discretion to have me transported to a medical facility. I hereby grant full permission to any and all of the foregoing to use any photographs, emails, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

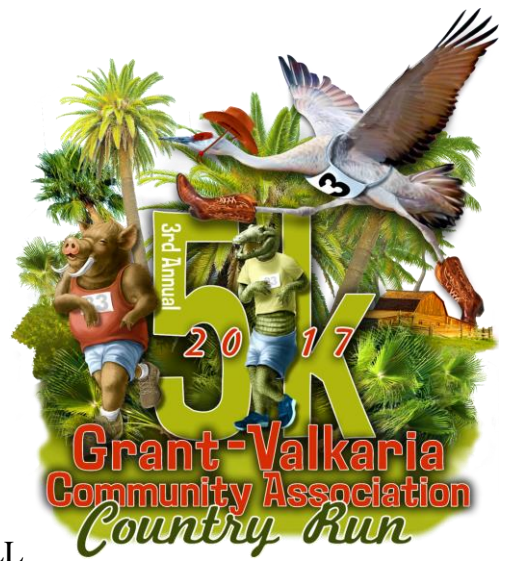
SIGNATURE

SIGNATURE OF PARENT FOR THOSE UNDER 18

DATE



3rd Annual 2017 Country Run 5K Team Registration



Country Run 5K Teams– We encourage companies, families, schools, neighbors and organizations to sponsor a team of their own. This is an opportunity for folks to enjoy the day as a group and/or collect donations. **A Team must consist of a minimum of 4 people with at least 1 participant of the opposite sex.**

We will present a **Team Awards** to the top 3 teams that have ALL registered members across the Finish Line first. Teams are asked to submit a team photo and we will post it on our website.

How to Register a Team:

1. Have each individual Team Member complete a Country Run Registration Form. – Note the Team Name on form
2. Submit the Team Name and a list of *All Registered Participants* prior to the Start of the Race

Note: If the Team has collected donations or pledges, they may turn them in at Registration.

Team Name: _____

Sponsor Name (if appropriate): _____

Registered Team Members:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

(Please attach additional team member’s names)